



Patient Health History

First Name: _____ LastName: _____

Date of Birth: _____ Health Care Number: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Do you take any of the following:

- ☐ Blood Thinner
- ☐ Anti-Inflammatories
- ☐ Vitamin E
- ☐ Ginko Biloba
- ☐ Aspirin
- ☐ Other:

Do you suffer from urinary incontinence (stress or urgency) or postpartum leakage? ☐ Yes ☐ No

Please list any Current Medication(s):

Please describe any allergies and the reaction to allergen:



Please provide any medical history:

Please provide your surgical history:

Sun Exposure accrued (Lifetime): ☐ Extensive ☐ Moderate ☐ Light ☐ Minimal

- ☐ Are you prone to Keloid scar formation (raised scars that grow beyond the boundaries of the original wound)?
- ☐ Are you pregnant
- ☐ Are you breast feeding?
- ☐ Do you have a history of cold sores/Herpes I or II?
- ☐ Do you smoke?
- ☐ Are you taking or have taken Accutane for acne?
- ☐ Have you been diagnosed or treated for skin cancer?
- ☐ Do you wear sunscreen daily?

If you have been diagnosed with skin cancer what kind and what treatment did you have?

When is the last time you had a physical? ☐ Less than a year ☐ Greater than a year ☐ N/A

When is the last time you had bloodwork done? ☐ Less than a year ☐ Greater than a year ☐ N/A

When is the last time you saw an optometrist? ☐ Less than a year ☐ Greater than a year ☐ N/A

What are the concerns that prompted you to contact our clinic?



How would you rate the quality of your skin? ☐ Poor ☐ Fair ☐ Good ☐ Very Good ☐ Excellent

If you could enhance an aspect of your skin, what would you enhance?

- ☐ Hydration
- ☐ Elasticity
- ☐ Tone
- ☐ Texture
- ☐ Other:

I would like to be advised on:

- ☐ How I can change something that has been bothering me for years
- ☐ How I can look more attractive
- ☐ How I can look better for my age:
- ☐ Other:

Have you had a consultation for a cosmetic procedure? Yes No

How Often do you think about wanting a cosmetic procedure?

- ☐ Most days
- ☐ Weekly
- ☐ Monthly

Which three statements best reflects how you would like to look and feel after the treatment?

- ☐ I want to look less tired
- ☐ I want to look less angry
- ☐ I want to look less sad
- ☐ I want a less saggy appearance
- ☐ I want to look more youthful
- ☐ I want to look more attractive



- ☐ I want my face to look slimmer
- ☐ I want softer features

How did you hear about us?

- ☐ Social Media
- ☐ Family/Friend
- ☐ Google/Search Engine
- ☐ I'm a member of Preventous Collaborative Health
- ☐ Family physician outside of Preventous
- ☐ MD Skin Shop
- ☐ Outdoor Signage
- ☐ Other(please specify): _____

- ☐ **I would like to receive the e-newsletter.**



Clinic Policies

Preventous Cosmetic Policies

At Preventous, we strive to provide exceptional service while maintaining clear communication and policies for our valued patients. Please review the following carefully:

1. Appointment Policies

- **Rescheduling or Cancellations:**
 - A minimum of **2 business days' notice** is required to reschedule or cancel any appointment.
- **Deposit Policy for Treatments 30 Minutes or Longer & Packages:**
 - Treatments such as Dermal Fillers, Ultherapy, or CoolSculpting require a **deposit** at the time of booking.
 - The deposit will be applied toward the cost of your treatment.
 - If you fail to cancel or reschedule with 2 business days' notice, your **deposit will be retained**.
- **Individually Purchased Treatments (e.g., Botox, HydraFacials):**
 - If you miss an appointment or fail to provide adequate notice, a **\$50 + GST service charge** will be applied to your next visit.
- **Late Arrivals:**
 - Please arrive on time for your scheduled appointment.
 - Arriving late may result in the loss of your appointment and **forfeiture of your deposit**.
- **Missed Appointments:**
 - Missed appointments are subject to the same cancellation policy. Alternatively, a **\$50 + GST service charge** will apply to your next visit.

☐ I acknowledge the Appointment Policies.

2. Prepaid Packages

- All prepaid packages must be used within **1 year of the purchase date**.

☐ I acknowledge the Prepaid Packages policy.

3. Rejuvenation Program Quotes

- Quotes provided in your personalized Rejuvenation Program are valid for **3 months** from the issue date.

☐ I acknowledge the Rejuvenation Program Quotes policy.

4. Photographs

- **Mandatory Documentation:**



- Photographs are required as part of your patient journey for documentation, treatment planning, and visual comparison. **Photographic documentation is part of your medical chart and necessary to proceed with treatment.**
- **Permissions:**
 - Preventous Inc. is granted permission to retain and use clinical photographs for:
 - Your medical chart.
 - In-house marketing. ☐ **Yes** ☐ **No**
 - Consultative purposes. ☐ **Yes** ☐ **No**
 - For advertising purposes, additional consent will be required.
- **Waiver:**
 - By acknowledging this policy, you waive the right to inspect or approve how photographs are used in the specified contexts.

☐ **I acknowledge the Photographs policy.**

5. Skin Care Products

- **Final Sale Policy:**
 - All skin care product sales are **final** and non-refundable, except under specific conditions outlined below.
- **Exchange or Refund Policy:**
 - Exchanges or refunds are allowed only in the following cases:
 1. **Defective Products:** If the product is found to be defective.
 2. **Allergic Reactions:** If the product causes an allergic reaction.
 - To determine if an exchange or refund is applicable, you must schedule a consultation with one of our providers. The provider will assess the situation before proceeding.
- **General Exchange Policy:**
 - Exchanges are permitted under the following conditions:
 1. The product is **unopened** and in **pristine condition** (box intact and undamaged).
 2. The return is made within **30 days of purchase** with a valid **receipt**.
 - Products that are **opened, damaged**, or within **3 months of expiration** are **not eligible** for exchange or refund unless they meet the above exceptions.

☐ **I acknowledge the Skin Care Products policy.**

Patient Name: _____ Patient Signature: _____

Date: _____